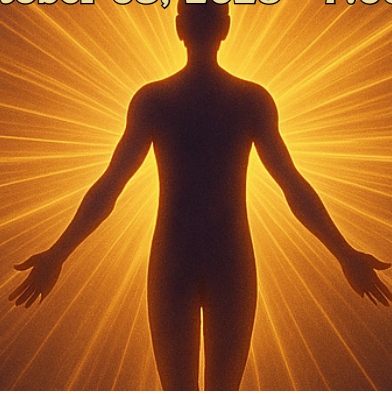


Soul Sync 2025

Fully Activated

Friday, October 03, 2025 - 7:00 - 9:00 PM



\$60 per person
(\$65 door)

You're done waiting for the next round of clarity. You are the clarity. It's go time.

Soul Sync III: Fully Activated is a transformational hypnotherapy experience designed to help you embody the power you've been cultivating all year. This isn't about preparing anymore—it's about embodying it. Whether you're deep in your journey or just beginning to rise, this session will help you:

- Break through internal blocks and claim your presence
- Align your mindset, energy, and actions with your highest vision
- Activate your next level with clarity, confidence, and soul-deep intention

You've done the visioning. You've done the work. Now it's time to live it out loud.

Through guided hypnotherapy, reflection, and embodied integration, Soul Sync III invites you to move beyond potential and into presence—fully aligned, fully expressed, and Fully Activated.

What to Expect:

• Hypnotherapy That Moves You

- This isn't just relaxation—it's activation. Through guided hypnotherapy, you'll tap into the part of you that's been waiting to rise. Let go of the noise. Tune in to your truth. Align with the version of you that's already ready.

• Your Soul Sync Journal

- More than just a notebook—it's a container for your clarity. You'll receive a beautifully designed journal to map insights, channel breakthroughs, and carry this work beyond the session. This is where your next level begins to write itself.

• Real Talk + Soulful Connection

- This isn't surface-level sharing. Our Q&A is a space for raw honesty, deep reflection, and divine downloads. Come with questions, leave with perspective—and maybe a few unexpected truths.

• And More Soul-Fueled Surprises

- Every Soul Sync session includes intentional elements designed to ground, awaken, and elevate your experience. Whether it's scent, sound, or sacred symbolism, expect moments of magic that speak to all your senses.

This is the version of you the world's been waiting for. Let's activate it—together.

Limited to 20 Participants—reserve your spot today!

Dr. Candace Hayden is a certified hypnotherapist and life/health coach who has been guiding clients through personal growth and transformation for years. Using hypnotherapy and coaching, she empowers individuals to align their intentions, release limiting beliefs, and design lives filled with purpose and fulfillment.

Visit Candace's Website to Learn More: <https://www.livinlife-llc.com>

Pre-register: <https://www.updogyoga.com/workshops/rochester-workshops>



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